



Guidance Through Channeling Newsletter

MAY 1, 2008

VOLUME 1, NUMBER 2

Hi Everyone:

We would like to wish everyone who is having a birthday this month: Have a great birthday!! Also in honor of Diane, whose birthday is this month (5/10) we are doing a special. We will be collecting the names of anyone who fills out the newsletter request form which is on the website: www.psychic-intuitive-healers.com and placing them in a hat and then will be selecting a winner for a **free email reading!** You will be notified by email if you are the winner. The winner will be mentioned in our next newsletter.

Also we would like to thank those readers for the positive comments we have received and ask that anyone wanting to add to this newsletter, please do!

We have written an article and it is called: YOU DECIDE

First scenario:

It's Saturday afternoon, 1 pm and your boyfriend of four months was suppose to call at noon and you are still waiting for his call and are obsessed with anticipating the phone call. Your thoughts are racing: why has he not called, he has no excuses, he must not want a date with me tonight, has he found someone else and well he was really quiet with me last night and not very affectionate, his kiss was brief and he seemed to be in a hurry and he couldn't get out of here fast enough. Certainly he must have met someone else, I wonder who she is, and do I know her?

How can this situation be handled? We all decide what we want in any situation. Do I want love or my fear? The fear that my boyfriend is not calling me back: Oh no, is there someone else? Should I spend my day worrying about it, all the while not really knowing? Or can I decide I want peace, peace of mind. Maybe, just maybe I am letting my fear, my fearful thoughts run wild and the more I listen to those thoughts the more upset and unhappy I become. Instead maybe I can redirect those thoughts by getting involved in a project, something fun I enjoy which can bring me peace and help lead me away from the fearful thoughts. You and I decide what our day will be, what and how the situations in our life will appear to us. We all decide moment by moment: do I want peace or do I want to be upset. And we can make the decision to ask for help from the universe, from God, help me to see this differently because I really do want peace in this day, in this situation. So really, it's simple we all have the decision each moment to look at any situation, anything outside of ourselves in a positive or negative way. We all decide and we can all decide that we deserve happiness and peace in our moment to moment, our day to day living!

A second scenario:

We have been married for twelve years now and a wife feels that her husband just doesn't pay any attention to her and seems to be gone all the time and that they never spend time together like they used to do. They used to take the day and spend it together. She cannot remember the last time they did that. Maybe what they need is a vacation together, even just a short getaway. Maybe there is someone else? Maybe he has caught on to me and my affair with Charles? Well, if he'd pay more attention to me I wouldn't have to go looking else where for that

MAY BIRTHDAYS

HAPPY BIRTHDAY TO:

Diane J. - 5/10/58

Eva L. - 5/11/60

Judith L. - 5/28/51

Rita L. - 5/27/83

*Guidance Through
Channeling*

*431 N. Lake Shore
Drive*

Palatine, Illinois

60067

847-496-7300

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www.psychic-intuitive-healers.com

attention. He is so sloppy, leaving his clothes lying all around the bedroom and he never takes out the garbage and I don't think he knows what after shave is. Oh...that is what I love about Charles, he always smells so good and rubs my feet and serves me wine and I love falling asleep in his arms. Now my husband hasn't touched me in months, much less anything more intimate with him. Charles is such a good lover.

This scenario can also be about deciding: What do you want? Do I want to take the time to talk to my husband and tell him how I feel? To admit to him that I wish he would pay more attention to me. Do I want to look at why am I having an affair? Am I doing it because I am not getting my husband's attention? Do we take each other for granted, thinking that person will always be there? Maybe I need to look at what am I giving to this relationship with my husband? The giving of the time to sit and talk with him and try to work out the issues together. Instead of going out of the relationship and trying to get another person's attention.

It all may sound simplistic or even easy. But it isn't because I have to be willing to look at myself and not the other person or even what the other person is doing. But through that looking at myself, I can find solutions that can bring me peace. The looking at what am I doing to help in this situation, what can I give to it, my time, my listening, my Love!

Thanks for taking the time to look at this newsletter and enjoy this month of May with all the spring flowers!

Much peace to all,

Maureen & Diane