



Guidance Through Channeling Newsletter

APRIL 2, 2008

VOLUME 1, NUMBER 1

We'd like to stay in touch with you!!!

Hello Everyone:

This is Maureen Horgan, Business Manager and Diane Jacobi, Professional Psychic with Guidance Through Channeling. Thanks for stopping by our site! We are starting a Visitor Newsletter which means anyone who comes by our site and takes a look at our newsletter we would love to get any kind of participation and/or feedback of any kind. We want to make this newsletter about **YOU** our reader/visitor to the site. Do you have any ideas, suggestions, poems, experiences you'd like to share, just drop us an email and we will include it in our next newsletter. So here goes.....

I have written a short article that I would like to share with you all. It talks about the ego. Just to explain, I am referring to the ego as the fear-based thoughts I may have. In the "Course In Miracles", it is explained that there are only two emotions: love and fear. When a person is not in a loving state the opposite of that is fear. Fear to me, could also be considered any negative thoughts. So with that here is the story I have written:

THE EGO AND THE QUESTION OF WHEN???

Last night I learned a little about patience. It had snowed here in Illinois and I wanted my parking lot, where I live, to be cleared of all the snow, so I ended up waiting on the man who does the snow removal. It took until about 9 pm. And of course at points, many points during the day I would look out my window, looking for the man to come to remove the snow. And at points I became impatient. Interestingly just at the moment that I went outside to move my car back to my original parking spot (because I had given up waiting on the man to remove the snow), here comes the man in his truck to remove the snow. I thought to myself all I had needed was just to be a little more patient.

Well when he came I said hello to him and also I noticed by not moving my car, it gave him much more room to do his job. And in fact he made the comment that it helped that my car had not been moved. Through it all, the man ended up doing an excellent job on the snow removal. Also through it all, I then had the opportunity to thank him for his excellent work, which made me and possibly he feel good.

What did I learn: That even though patience seems to be difficult, it can be worth the wait: my parking lot was cleared of the snow the best I have ever seen it. Patience brought me to love you could say: I was able to thank the man for his great job. Patience required me to somewhat let go of control, which I found difficult to do, because I did not know **when** the man was coming to do my parking lot. So during the period of waiting fear (my ego thoughts) kept wanting to come in there, saying things such as: if you don't move your car back to your original parking spot, you will lose it! And in reality, I never did lose my parking spot while waiting for the man. So my ego was interjecting fearful thoughts to get me to act, to be afraid, to want to take control of the situation. In reality, I see now that I did not need to be in control or take control of the situation, if I would just let go and let the experience, the situation play out, it all really worked out!! My ego steps in

APRIL BIRTHDAYS

HAPPY BIRTHDAY

TO:

*In Memory of: Ann R.
Treadwell- April 4,
1963*

Jitka H. - 4/19/55

Jannike T. - 4/31/76

Louise B. - 4/10/45

Sanja T. - 4/2/86

Guidance Through
Channeling

431 N. Lake Shore
Drive

Palatine, Illinois
60067

847-496-7300

**WE'RE ON THE
WEB:**

[www.psychic-
intuitive-healers.com](http://www.psychic-intuitive-healers.com)

immediately with the idea, the thought of TAKE CONTROL, TO ACT IN THIS SITUATION, just as the ego wants me to do in every situation and when I look at it, the taking control, the acting is all coming from a fearful thought(s) that if I don't do something, something terrible or bad is going to happen!

According to the "Course In Miracles": I listen to my ego because I am afraid of losing control. To me the above story typifies that statement. The story to me also relates to the title: The Ego and the Question of When? When will the man come to remove the snow from the parking lot. I can see in my life how at times, I am putting my trust in my ego, my fear thoughts and that I feel (which I believe is real at the time) that I must take control in any situation. Instead of trusting God, the universe that all will work out for my own good!!

When thinking about writing an article for our webpage last night, my initial thought was everyone has already heard so much of this: i.e. you have to love yourself or about learning to go within to hear your own answers. Then today and I believe because I was in a positive frame of mind, I thought yes I can write an article because I am writing from my own perspective which is different from anyone else, so maybe I could put my own twist, my own understanding in the writing of this article. And due to the positive state of mind, I saw other positives around me, the paper I found in my car at the time to write down these thoughts had written on it these words: YOU CAN MAKE IT. To me that was a message from the universe: YES, Maureen I can make it, yes I can actually write an article that people will read!

If I were to listen to my ego (fear thoughts), I would not be doing this at all, because I would be listening to a negative voice telling me I would or could not even attempt this. So by doing this I am putting my trust in the universe and having faith and believing the message I got from that little piece of paper: YOU CAN MAKE IT! Along with putting trust in the universe and in myself comes the positive feeling inside of me and much peace and happiness. My next thought is: why wouldn't I want those thoughts and feelings versus the negative, self-defeating thoughts of my ego, my fear part. I realized also today, that well really, I was going inside of myself, by even having trust in the positive thoughts, I was actually going within myself. I understand right now, my ego wants me to believe that to go within is so very difficult to do, it is like meditating. I lose patience with meditating and I tell myself, I should say, my ego (fear thoughts) tells me, says to me: "you are not meditating correctly", also that it is too hard to do, so of course then I stop and I give up. As we all can do when we believe in those negative thoughts.

I learned this afternoon that by looking within at all the positive around me, that yes that experience is priceless (to coin a phrase), it did not cost me a cent, I did not get it from someone outside of myself, it was all within me. As I have read, it is all within me and it is there at all times. I am learning today it is all there inside of me, it's true I just need to be open and to allow those thoughts to come through.

So to me the **ANSWER** to the question of **WHEN:** is always **NOW**. Now is the time, not when, if I be in the Now, that is where my happiness is, as the "Course In Miracles" states: "This instant is the only time there is." (Workbook Lesson: 308). Not when the man comes to remove the snow, but now as I trust that all will be taken care of by the universe, by the spirit plane, now where I feel happy in this moment, feeling positive, that yes I can make it, yes, I can write this article for our webpage, yes it is positive, not when, but now!!
Maureen

WHEN IS NOW AND NOW IS HOW!!!